

Section	Footwork	End Facing
1 - 8	Walk back left, right, sailor, behind side cross, touch left, cross back heel with ¼ turn	
1 - 2	Walk back on left (1), walk back on right (2)	12.00
3 & 4	Cross left behind right (3), step right next to left (&), step left to left side (4)	12.00
& 5 & 6	Cross right behind left (&), step left to left side (5), cross right over left (&), touch left to left side (6)	12.00
7 & 8	Cross left over right (7), make ¼ turn left stepping back on right (&), touch left heel forward pushing hips back (8)	9.00
9 - 16	Ball step forward, pivot ½ turn left, side rock cross x2, step right side, sailor ¼ turn left (as ball change)	
& 1 - 2	Step in place with left (&), step forward on right (1), pivot ½ turn left weight ends on left (2)	3.00
3 & 4	Rock right to right side (3), recover weight onto left (&), cross right over left (4)	3.00
& 5 & 6	Rock left to left side (&), recover weight onto right (5), cross left over right (&), step right to right side (6)	3.00
7 & 8	Cross left behind right as you begin to make ¼ turn left (7), complete ¼ turn stepping back on ball of right (&), step left foot slightly forward towards 10.30	10.30
17 - 24	Ball change (with body ripple styling), step forward right, left, right with knee pops, left triple step close with 3/8 turn, right crossing shuffle	
& 1	Rock back onto ball of right (&), step left foot in place (1) (styling: as you take count 1 imagine a hoop in front of you, imagine putting head through the hoop and continue with shoulders down to waist – like a forward body roll)	10.30
2	Take strong step forward on right foot (2), as you do so pop left knee forward (styling: roll right shoulder back (so left will be forward))	10.30
3	Take strong step forward on left foot (3), as you do so pop right knee forward (styling: roll left shoulder back (so right will be forward))	10.30
4	Take strong step forward on right foot (2), as you do so pop left knee forward (styling: roll right shoulder back (so left will be forward))	10.30
5 & 6	Step forward on left (5) make 3/8 turn left stepping right to right side & slightly back (&), step left next to right (6) (facing back)	6.00
7 & 8	Cross right over left (7), step left to left side (&), cross right over left (8)	6.00
25 - 32	Step tap ball cross, ½ turn right triple cross, side rock cross, step right, behind, ¼ turn, rock forward	
& 1 & 2	Step left to left side (&), tap right toe to right diagonal (1), step ball of right in place (&), cross left over right (2)	
3 & 4	Make ¼ turn left stepping back on right (3), make ¼ turn left stepping right to right side (&), cross right over left (4)	
& 5 & 6	Rock left to left side (&), recover weight onto right (5) cross left over right (&), step right to right side (6)	
7 & 8 &	Cross left behind right (7), make ¼ turn right stepping forward on right (&), rock forward on left (8), recover weight onto right (&)	
NOTE:	RESTART – There is a restart during 5th wall.	
	You begin the 5 th wall facing 12.00, dance first 16 counts of dance takes you to the sailor with ¼ turn ball change 7 & 8 as below – add the extra “&” count as detailed	
7 & 8 &	Cross left behind right as you begin to make ¼ turn left (7), complete ¼ turn stepping back on ball of right (&), step left foot slightly forward towards (8), recover weight back onto right foot (&) – start again from beginning	12.00

START AGAIN, HAVE FUN!